FREE PRINTABLE · DOGS & CATS

Pet First-Aid Kit Checklist

PetNoter

What to pack, so you're ready before you need it.

1 Wound care

- [ ] Sterile gauze pads
- [ ] Non-stick dressing pads
- [ ] Self-adhesive bandage (vet wrap)
- [ ] Medical tape
- [ ] Sterile saline (to rinse wounds and eyes)
- [ ] Pet-safe antiseptic (ask your vet)
- [ ] Cotton balls

2 Tools

- [ ] Blunt-tip scissors
- [ ] Tick remover and tweezers
- [ ] Digital thermometer (pet only)
- [ ] Disposable gloves
- [ ] Small torch
- [ ] Oral syringe, no needle
- [ ] Pen and notepad

3 Handling & comfort

- [ ] Soft muzzle (hurt pets may bite)
- [ ] Spare leash
- [ ] Towel or blanket
- [ ] Instant cold pack
- [ ] Folding bowl and bottled water

4 Papers

- [ ] Vaccine records
- [ ] List of medicines and doses
- [ ] Recent photo of your pet
- [ ] Microchip number

5 Numbers to keep

My vet _____

Nearest 24-hour emergency vet _____

Animal poison helpline (your country) _____

Good to know

Normal temperature for dogs and cats is about 38 to 39.2 °C (100.5 to 102.5 °F).

Never give human painkillers such as ibuprofen or paracetamol (acetaminophen). They can poison pets.

Check the kit and expiry dates every 6 months.

First aid is not a cure. Call your vet straight away.

Tip: Save your vet's number in the PetNoter app's Veterinarians list, so you can call with one tap.